



		NW (Medium)	
		Cool	
	Weather;	Dy	

Club-Rothaíochta Na-Sionainna

	WEEK 3	25/04/2013	

No.	Name	Cat.	PB (2012)	Pos.	Points	PB	kmph	club	Time	kmph	Points
	Simon Ryan	ME	00:00	2nd	(40)	21:03	42.8	Visit Nenagh	21:03	42.8	(20)
	Dermot Radford	ME	00:00	1st	(58)	21:09	42.6	Tipp Whlers	21:09	42.6	(19)
	David Richardson	ME	22:19	5th	(18)	22:31	40.0	Limk Tri	22:31	40.0	(18)
	Tommy Bynes	MS	00:00	1st	(60)	23:00	39.1	Tipp Whlers	23:00	39.1	(20)
	Pat Ryan	MS	00:00	14th	(19)	23:14	38.7		23:14	38.7	(19)
	Shane Geary	MS	22:41	15th	(18)	23:22	38.5	Limk CC	23:22	38.5	(18)
	Eamonn Morgan	MS	21:53	1st	(60)	23:26	38.4	W.Clare CC	23:35	38.2	(20)
174	Daithi Queally	ME	21:53	3rd	(35)	23:55	37.6	W.Clare CC	23:55	37.6	(17)
	Shiela Clavin	FS	23:57	1st	(59)	24:16	37.1	Garda	24:16	37.1	(20)
	John O'Shea	MV	00:00	2nd	(38)	24:20	37.0	Limk Tri	24:20	37.0	(19)
129	Shane Collins	MS	00:00	7th	(32)	24:26	36.8	West Clare	24:26	36.8	(17)
	Rory Devitt	MS	00:00	19th	(16)	24:27			24:27	36.8	(16)
	Brian Devitt	MS	00:00	4th	(50)	24:06	37.3	Tipp Whlers	24:32	36.7	(15)
	Paul Harrington	MS	24:01	3rd	(52)	23:25	38.4	Dolmen	24:39	36.5	(14)
	Martina Byrnes	FS	00:00	2nd	(58)	24:19	37.0	Tipp Whlers	24:45	36.4	(19)
	Joe Noonan	MS	24:27	10th	(26)	24:58	36.0	Crusaders	24:58	36.0	(13)
	Eoin Concannon	MS	23:07	5th	(41)	24:43	36.4	Limk Tri	25:03	35.9	(12)
	Trevor Askin	MS	27:48	6th	(37)	25:07	35.8	CRNS	25:07	35.8	(11)
	Ailbhe Carroll	FS	00:00	3rd	(54)	25:17	35.6	CRNS	25:17	35.6	(18)
	Richard English	MS	00:00	16th	(18)	25:25	35.4	Tipp Whlers	25:25	35.4	(10)
	Paul Kirkby	MV	28:09	3rd	(36)	25:26	35.4	Dolmen	25:26	35.4	(18)
	Niall O'Grady	MS	24:36	8th	(29)	25:30	35.3	CRNS	25:30	35.3	(8)
	Liam Liddy	MV	00:00	4th	(34)	26:02	34.6	Limk Tri	26:02	34.6	(17)
40	Dave Ahern	MS	00:00	26th	(6)	26:23	34.1		26:23	34.1	(6)
	Dermot Ryall	MS	00:00	20th	(16)	26:30	34.0	CRNS	26:30	34.0	(7)
	Michael Heaney	MR	00:00	1st	(59)	26:47	33.6	GoTri	26:47	33.6	(20)
	Liam Kitson	MR	25:20	14th	(19)	26:59	33.4	Ennis Tri	26:59	33.4	(19)
	Paul Tierney	MR	00:00	5th	(38)	27:21	32.9	GoTri	27:21	32.9	(18)
	Laurence Kelly	MS	25:19	18th	(17)	26:55	33.4	GoTri	27:30	32.7	(5)
	Ger Griffin	MS	24:32	12th	(20)	26:28	34.0	Ennis Tri	27:49	32.4	(4)
	Paul Kirby	MR	00:00	4th	(44)	28:27	31.6	GoTri	28:27	31.6	(17)
	Kevin Dunne	MJ	28:45	1st	(20)	28:44	31.3	Limk CC	28:44	31.3	(20)
	Brian Mahony	MR	00:00	3rd	(44)	28:47	31.3	CRNS	28:47	31.3	(16)
	Daryl Cronin	MR	00:00	9th	(30)	28:52	31.2		28:52	31.2	(15)
	Aoife Fennell	FS	24:38	6th	(37)	29:03	31.0		29:03	31.0	(17)
	Eva Barrett	FS	28:54	4th	(50)	29:14	30.8	Limk Tri	29:25	30.6	(16)
	Jamie Hurley	MR	00:00	7th	(36)	29:39	30.4	C4SC	29:39	30.4	(14)
	Kevin Cullinan	MR	00:00	19th	(13)	29:43	30.3		29:43	30.3	(13)
	Becky Coughlan	FS	00:00	9th	(30)	29:49	30.2	Ennis Tri	29:49	30.2	(15)
	Shauna Ryall	FS	00:00	5th	(42)	32:22	27.8	CRNS	32:22	27.8	(14)
	Enya Russell	FS	30:34	10th	(29)	32:41	27.5	Ennis Tri	32:56	27.3	(13)
	John Culleton	MR	00:00	12th	(21)	33:11	27.1	GoTri	33:11	27.1	(12)
	Martina Clancy	FS	37:10	12th	(23)	33:57	26.5	CR Sionainna	33:57	26.5	(12)
	Karena O'Mahony	FS	00:00	17th	(11)	34:50	25.8		34:50	25.8	(11)
	Brenda Cosgrove	FS	32:57	7th	(34)	34:57	25.8		35:03	25.7	(10)