



	Weather;		

**Club-Rothaíochta Na-Sionainna**

	<b>WEEK 10</b>		

No.	Name	Cat.	PB	kmph	club	Time	kmph	Points
	Simon Ryan	ME	20:44	43.4	Visit Nenagh	20:44	43.4	(20)
	John O'Shea	MV	22:46	39.5	Limk Tri	22:46	39.5	(20)
	Gary Sheehan	ME	22:29	40.0	S4SC	23:40	38.0	(19)
	Richard Quinn	MS	23:45	37.9	CRNS	23:45	37.9	(20)
	Paul Harrington	MS	23:25	38.4	Dolmen	23:48	37.8	(19)
	Stephan Rooney	MS	24:06	37.3	Ennis Tri	24:06	37.3	(18)
	Martina Byrnes	FS	24:19	37.0	Tipp Whlers	24:21	37.0	(20)
	Trevor Askin	MS	24:24	36.9	CRNS	24:24	36.9	(17)
	Liam Liddy	MV	24:33	36.7	Limk Tri	24:33	36.7	(19)
	Seamus Collins	MS	24:35	36.6	GoTri	24:35	36.6	(16)
	Richard English	MS	24:33	36.7	Tipp Whlers	24:45	36.4	(15)
	Niall O'Grady	MS	24:47	36.3	CRNS	24:47	36.3	(14)
	Michael Heaney	MR	25:07	35.8	GoTri	25:07	35.8	(20)
140	Peter McMahon	MS	25:11	35.7		25:11	35.7	(13)
	Paul Tierney	MR	25:25	35.4	GoTri	25:25	35.4	(19)
	Conor Walsh	MS	26:25		GoTri	26:25	34.1	(12)
	Dermot Ryall	MS	26:30	34.0	CRNS	26:30	34.0	(11)
	Brian Mahony	MR	26:38	33.8	CRNS	26:38	33.8	(18)
	Jamie Hurley	MR	26:58	33.4	C4SC	26:58	33.4	(17)
	Kevin Bergin	MR	26:58	33.4	Tipp Whlers	26:58	33.4	(16)
	Kevin Dunne	MJ	27:25	32.8	C4SC	27:25	32.8	(20)
	Jodi O'Donoghoe	MR	27:44	32.5	CRNS	27:44	32.5	(15)
	Eva Barrett	FS	27:52	32.3	Limk Tri	28:01	32.1	(19)
	Evan O'Gorman	MJ	29:01	31.0	CRNS	29:01	31.0	(19)
	Pamela O'Brien	FS	29:10	30.9		29:10	30.9	(18)
	Luke O'Neill	MJ	28:42	31.4	CRNS	29:30	30.5	(18)
	Erin O'Donoghue	FS	28:25	31.7	Ennis Tri	29:53	30.1	(17)
	Sarah Bowland	FS	30:23	29.6	CRNS	30:23	29.6	(16)
	Martina Clancy	FS	30:59	29.0	CR Sionainna	31:05	29.0	(15)
	Mags Jones	FS	32:27	27.7	GoTri	32:27	27.7	(14)
	Brenda Cosgrove	FS	32:41	27.5	CRNS	32:41	27.5	(13)
	Ben O'Neill	MJ	32:47	27.5	CRNS	34:03	26.4	(17)
	Patricia Hough	FS	33:53	26.6	GoTri	34:35	26.0	(12)
	Jamie Kelly Webb	MJ	35:01	25.7	CRNS	35:01	25.7	(16)
	Jake McMahon	MJ	32:59	27.3	CRNS	40:08	22.4	(15)