



GoTri.ie

Triathlon Training & Coaching

Position	Number	Time	Name	Club	Category
1	184	17:23	Paul Fitzgerald	Limerick AC	M30-34
2	163	17:44	Mairtin Grealish	Ennis Track	M30-34
3	100	18:33	JJ Cremin	cork	M25-29
4	147	18:49	John Ryan	clare crusaders	M35-39
5	4	18:53	Eddie Shanagher	Shannon	M35-39
6	102	18:57	Shane Collins	BMOH	M40-44
7	82	19:12	Diarmuid Griffen	West Clare	M20-25
8	99	19:47	Mike Cremin	cork	M45-49
9	29	19:50	Paul Horan	sixmilebridge	M40-44
10	197	19:52	Alan Webb	shannon	M30-34
11	5	19:56	Mike Heaney	GoLimerick	M35-39
12	77	20:02	Tony O'Donovan	Limerick AC	M45-49
13	98	20:07	Becky Coughlan	Ennis Track	F30-34
14	95	20:18	Barry O'Callaghan	West Limerick	M30-34
15	96	20:25	Tony Fitzgerald		M35-39
16	74	20:41	Donal Madden		M25-29
17	79	21:06	Liam Kitson	Ennis Tri	M45-49
18	83	21:12	Jason Hanrhan	West Clare	M40-44
19	97	21:23	Grace Eade	Ennis Track	F25-29
20	80	21:44	Neil Jordan	shannon	M40-44
21	93	21:51	Sarah Boland	GoTri	F35-39
22	73	21:55	Paul Kirby	GoTri	M30-34
23	185	22:06	Brendan Btyeral	Country Club	M35-39
24	88	22:34	Ray Hickey	Boru	M35-39
25	21	22:53	Colm Grealish	Gort - Brazil	M25-29
26	25	23:04	Michael Fahy		M50-55
27	109	24:00	John O'Gormqn	GoTri	M40-44
28	92	24:12	Aoife Fennell	Ennis Tri	F35-39
29	149	25:26	Edwin Nijs	Boru	M40-44
30	172	25:45	Sinead Buckley		F30-34
31	123	26:07	Kevin Ryan		M40-44
32	72	26:49	John Bridges	Shannon	M25-29
33	108	26:53	Kay O'Gorman	shannon Roadrunner	F40-44
34	75	29:20	Keith O'Gorman		M30-34
35	155	29:20	Peter Webb	shannon	M40-44
36	89	29:41	Kate Flynn	BMOH	F30-34
37	90	29:53	Sandra Merriman	BMOH	F35-39
38	158	32:17	Theresa Midade		F50-55

39	151	33:25	Avril Clancy	GoTri	F20-24
40	94	34:01	Anne Quinlan	GoTri	FU20
41	19	34:22	Mags Jones	GoTri	M30-34
42	148	34:47	Olivia Hayes	GoTri	F30-34
43	7	36:14	Siobhan Kenedy		F30-34
44	150	37:22	Patricia Hough	GoTri	F35-39
45	2	39:38	Eavan Dempsey	shannon	M30-34
46	84	41:00	Kevin Shaloo	West Clare	M40-44
47	86	DNF	Sean Kelly	Limerick Tri	M40-44
48	81	DNF	Barry Murphy		M35-39
49	76	DNF	Stephan O'Donovan	Limerick AC	MU20
50	171	DNF	Grainne Kissane		F30-34

