

## Winter Training camp registration form Name: Club: Triathlon Ireland member: yes/No Swim level: please provide your estimated 100m swim time Advance \_\_\_\_\_\_ intermediate \_\_\_\_\_\_ beginner \_\_\_\_\_ Cycling level \_\_\_\_\_ Running I the under signed understand that I take part in this training weekend at my own risk. The participant takes part in the event at his own risk. He/she waives any claim against the organizers and its agents for property- and personal-damage, suffered by the participants in the event. The participant will bear the costs of damages he/she causes himself. I understand that Triathlon training can be hard and carries its health risks. Please sign \_\_\_\_\_

50% deposit is required to secure your place: this is non refundable but can be passed to another athlete: please see costs online @ www.qotri.ie

Camp schedule will be emailed out to each person