

Shannon Masters & GoTri Swim Training Series

Name	Time	Handicap	
Una Clune	30:00	0	move to white
Jason Fitzgearal	32:25	13	
Jarlath Donnelon	32:50	5	
Frances Ruan	32:55	0	
mike Heaney	32:57	5	move to red
Joanne Flanagan	33:32	13	
Eamonn Heaney	33:52	11:30	
Dave Ahern	34:05	0	
Alan Webb	34:40	11:30	
Paul Horan	34:57	9	
Jaime keane	35:15	00:00	
Ausie Dave Coleman	35:26	9	
Andrew Sweeney	35:45	00:00	
John O Gorman	35:48	9	
Mairead Elliot	36:06	09:00	
Neil Collins	36:08	5	
Becky Coughlan	36:22	11:30	
Janice Mcnamara	36:30	5	
Mags Jones	36:55	05/01/1900 05:00	
Mairead Hughes	37:48	0	
Ben Purcel	37:48	0	
Greg Maloney	38:40	5	
Stephen Ryan	38:50	5	
Shane Cahil	39:15	0	
Sarah Boland	39:20	0	
Graine o Driscol	39:40	5	move to yellow
Kieran Boland	39:40	5	move to yellow
Geraldine Cahill	41:20	5	move to yellow
750m option			
Liam Dillion	21:20		
Luke O Neill Junior	19:32		