



# SHANNON RUNNING SERIES

## 5KM Results - 20th June 2014

Race no.	Runner	Time	Overall Finish	Gender Finish	Gender Age Cat Finish	Age Cat	Gender
467	Paul Fitzgerald	35.33	1	1	1	30-39	Male
296	Gary Egan	36.28	2	2	1	40-49	Male
463	Alan O'Brien	36.37	3	3	1	20-29	Male
438	Paul Tierney	36.42	4	4	2	30-39	Male
468	Mark Dempsey	36.45	5	5	3	30-39	Male
448	Mike Lynch	36.48	6	6	4	30-39	Male
425	JJ Cronin	36.59	7	7	5	30-39	Male
000	Stephan Teeling Lynn	37.10	8	8	6	30-39	Male
456	Brian Lawlor	37.12	9	9	7	30-39	Male
426	Alan Webb	38.48	10	10	8	30-39	Male
474	Ger Bowen	39.06	11	11	9	30-39	Male
303	Tony Fitzgerald	40.30	12	12	2	40-49	Male
446	Peter Cantwell	40.48	13	13	3	40-49	Male
465	Daniel Gallagher	41.02	14	14	2	20-29	Male
427	Shane Larkin	41.21	15	15	4	40-49	Male
460	Brian Lovett	42.06	16	16	5	40-49	Male
435	Shane O'Loughlin	42.12	17	17	3	20-29	Male
447	Malachi Murray	42.55	18	18	10	30-39	Male
457	Neil Jordan	43.09	19	19	6	40-49	Male
330	John Ryan	43.41	20	20	11	30-39	Male
458	Stephan Lynn	44.59	21	21	12	30-39	Male
433	Brendan Redden	45.09	22	22	7	40-49	Male
461	Niall O'Grady	45.35	23	23	13	30-39	Male
439	Paul Kearney	45.54	24	24	8	40-49	Male
464	Edel Henriques	46.01	25	1	1	30-39	Female
469	Ailbhe Dempsey	46.15	26	2	2	30-39	Female
471	Pat Ryan	46.24	27	25	14	30-39	Male
472	David Sheedy	46.29	28	26	9	40-49	Male
326	Kieren Boland	46.50	29	27	10	40-49	Male
431	Jean Mulcahy	47.26	30	3	3	30-39	Female
428	Anton Burke	48.09	31	28	15	30-39	Male
363	Dave Coleman	48.32	32	29	16	30-39	Male
424	Eva Barrett	48.39	33	4	1	20-29	Female
308	Conor O'Brien	48.59	34	30	4	20-29	Male
454	Paul Crotty	49.03	35	31	17	30-39	Male
440	John Gaffney	49.31	36	32	5	20-29	Male
462	Rado Horvat	49.33	37	33	18	30-39	Male
473	Darren Cronin	49.35	38	34	11	40-49	Male
437	Dean Rudd	49.41	39	35	12	40-49	Male
451	Chris Power	50.46	40	36	6	20-29	Male



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Race no.	Runner	Time	Overall Finish	Gender Finish	Gender Age Cat Finish	Age Cat	Gender
453	Kevin Ryan	50.53	41	37	13	40-49	Male
466	Barry Kent	50.55	42	38	19	30-39	Male
455	Podge Murphy	51.11	43	39	14	40-49	Male
445	Suzanne Quinn	51.39	44	5	4	30-39	Female
459	Conor Lovett	53.56	45	40	15	40-49	Male
470	PJ O'Mahony	55.33	46	41	1	60-69	Male
441	Dawn Lane	56.20	47	6	5	30-39	Female
452	Imogen Cotter	57.19	48	7	2	20-29	Female
430	Aoife Dullaghan	57.22	49	8	6	30-39	Female
449	Aine O'Sullivan	58.04	50	9	3	20-29	Female
305	Anne Quinlan	60.27	51	10	4	20-29	Female
442	Rachel Browne	61.03	52	11	7	30-39	Female
443	Lisa Fox	61.37	53	12	8	30-39	Female
436	Barry O'Brien	62.11	54	42	20	30-39	Male
444	Sharon Ryan	64.40	55	13	9	30-39	Female
432	Aoife Coffey	66.34	56	14	5	20-29	Female
429	John Paul Cronin	68.25	57	43	21	30-39	Male
434	Mairead O'Neill	71.15	58	15	6	20-29	Female
001	Max Boland	26.32				Junior	Male
450	Louise Greenalgh	31.00				30-39	Female

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