



Course Records
Male - 20:19
Neil Delahaye (2014)

Female - 23:59
Martina Byrnes (2014)



Wind	Moderate		Wind	Light		Wind	Light	
Weather;	Wet		Weather;	Dry		Weather;	Dry	
	Cool			Warm			Warm	
WEEK 1	02/04/2015		WEEK 2	09/04/2015		WEEK 3	16/04/2015	

No.	Name	Cat.	PB (2013)	PB (2014)	Pos.	Points	PB (2014)	kmph	club	Time	kmph	Points	Time	kmph	Points	Time	kmph	Points
	Karl Kinsella	MJ - Elite	00:00	00:00	1st	(20)	23:49	32.8	West Clare				23:49	32.8	(20)			
	Luke O'Neill	MJ	28:42	27:32	1st	(60)	25:21	30.8	GoTri	27:48	28.1	(20)	26:05	29.9	(20)	25:21	30.8	(20)
	Jamie Kelly	MJ	34:39	30:10	2nd	(54)	27:02	28.9	GoTri	30:13	25.8	(19)	27:02	28.9	(19)	27:47	28.1	(16)
	Darragh O'Neill	MJ	00:00	29:07	3rd	(52)	27:04	28.8	GoTri	33:30	23.3	(17)	30:50	25.3	(17)	27:04	28.8	(18)
	Sabien Kulczynski	MJ	00:00	27:44	4th	(37)	26:02	30.0	Ennis Tri				28:42	27.2	(18)	26:02	30.0	(19)
	Jake McMahon	MJ	32:59	29:03	5th	(35)	27:33	28.3	GoTri	30:22	25.7	(18)				27:33	28.3	(17)
	Ciaran Russell	MJ	00:00	32:42	6th	(31)	31:57	24.4	CRNS				35:49	21.8	(16)	31:57	24.4	(15)
	Darragh Hickey	MJ	00:00	00:00	7th	(16)	43:07	18.1	GoTri	43:07	18.1	(16)						
No.	Name	Cat.	PB (2013)	PB (2014)	Pos.	Points	PB (2015)	kmph	club	Time	kmph	Points	Time	kmph	Points	Time	kmph	Points
	Joanne Flanagan	FS	00:00	27:11	1st	(58)	25:08	34.9	GoTri	MARSHALL		(20)	25:47	34.9	(18)	25:08	31.0	(20)
	Becky Coughlan	FS	29:49	26:47	2nd	(58)	25:14	35.2	GoTri	26:42	33.7	(20)	25:33	35.2	(19)	25:14	30.9	(19)
	Laura O'Shea	FS	32:41	29:19	3rd	(52)	26:22	33.2	GoTri	27:57	32.2	(19)	27:05	33.2	(16)	26:22	29.6	(17)
	Erin O'Donoghue	FS	00:00	30:19	4th	(50)	27:01	33.3	GoTri	28:38	31.4	(17)	27:02	33.3	(17)	27:01	28.9	(16)
	Sarah Boland	FS	30:23	28:14	5th	(47)	27:51	32.0	GoTri	28:26	31.7	(18)	28:07	32.0	(14)	27:51	28.0	(15)
	Deirdre Hynes	FS	30:01	28:22	6th	(43)	28:14	31.9	GoTri	30:12	29.8	(16)	28:14	31.9	(13)	29:03	26.9	(14)
	Sheila Clavin	FS	24:16	24:20	7th	(38)	25:10	35.8	Garda				25:10	35.8	(20)	25:18	30.8	(18)
	Aoife Fennell	FS	27:24	27:33	8th	(33)	30:18	25.7	GoTri				MARSHALL		(20)	30:18	25.7	(13)
	Mags Jones	FS	32:02	31:18	9th	(23)	32:25	27.7	GoTri				32:28	27.7	(12)	32:25	24.1	(11)
	Lisa O'Neill	FS	31:27	28:25	10th	(20)	00:00	0.0	CRNS							MARSHALL		(20)
	Mairead Elliott	FS	35:19	25:58	11th	(20)	00:00	0.0	GoTri				MARSHALL		(20)			
	Patricia Hough	FS	32:03	32:53	12th	(20)	00:00	0.0	GoTri				MARSHALL		(20)			
	Joanne O'Donnell	FS	00:00	00:00	13th	(15)	27:42	32.5	GoTri				27:42	32.5	(15)			
	Eva Barrett	FS	27:47	31:15	14th	(12)	31:34	24.7	CRNS							31:34	24.7	(12)
	Ciara Culleton	FS	00:00	00:00	15th	(11)	36:57	24.4	JVC Motors				36:57	24.4	(11)			
No.	Name	Cat.	PB (2013)	PB (2014)	Pos.	Points	PB (2014)	kmph	club	Time	kmph	Points	Time	kmph	Points	Time	kmph	Points
	Dave Coleman	MR	00:00	27:29	1st	(40)	27:02	28.9	GoTri				27:36	28.3	(20)	27:02	28.9	(20)
	James Bullman	MR	00:00	27:10	2nd	(40)	27:19	32.9	CRNS	27:19	32.9	(20)				MARSHALL		(20)
	Diarmuid Hughes	MR	00:00	00:00	3rd	(37)	27:27	28.4	GoTri/Zimmer				28:04	27.8	(18)	27:27	28.4	(19)
	Mark Keane	MR	00:00	27:38	4th	(34)	27:43	28.1	Ennis Tri				28:39	27.2	(16)	27:43	28.1	(18)
	Dean Rudd	MR	00:00	00:00	5th	(32)	28:16	27.6	GoTri				28:58	26.9	(15)	28:16	27.6	(17)
	Niall Stapleton	MR	00:00	00:00	6th	(19)	27:49	28.0	GoTri				27:49	28.0	(19)			
	Tom O'Dwyer	MR	00:00	00:00	7th	(17)	28:10	27.7	Tipp Whlers				28:10	27.7	(17)			
	Loren Harnett	MR	00:00	26:09	8th	(16)	28:21	27.5	GoTri							28:21	27.5	(16)

No.	Name	Cat.	PB (2013)	PB (2014)	Pos.	Points	PB (2014)	kmph	club	Time	kmph	Points	Time	kmph	Points	Time	kmph	Points
	Richard Quinn	MS	23:45	23:36	1st	(53)	23:51	36.2	CRNS	24:50	36.2	(16)	23:51	32.7	(17)	MARSHALL		(20)
	Neil Gillespie	MS	00:00	26:35	6th	(35)	26:02	31.8	CRNS	28:19	31.8	(7)	26:02	30.0	(8)	MARSHALL		(20)
	Darragh Fahy	MS	28:18	00:00	13th	(21)	28:16	30.5	GoTri	29:33	30.5	(6)	28:16	27.6	(5)	28:36	27.3	(10)
	Gerry O'Brien	MS	00:00	26:10	16th	(19)	26:40	33.0	GoTri	27:15	33.0	(8)				26:40	29.3	(11)
	Kevin Flanagan	MS	25:24	26:28	11th	(22)	26:02	34.1	C4SC	26:23	34.1	(10)				26:02	30.0	(12)
	Karl Fogarty	MS	00:00	00:00	20th	(13)	26:01	30.0	CRNS							26:01	30.0	(13)
	David Brew	MS	00:00	22:52	10th	(23)	25:07	31.1	GoTri				26:01	30.0	(9)	25:07	31.1	(14)
	Brendan Cross	MS	00:00	25:00	2nd	(43)	24:51	36.2	GoTri	24:53	36.2	(15)	24:51	31.4	(13)	24:54	31.3	(15)
	Kevin Moloney	MS	00:00	00:00	8th	(30)	24:06	32.4	GoTri				24:34	31.8	(14)	24:06	32.4	(16)
	Alan Webb	MS	00:00	26:22	7th	(33)	24:03	32.4	GoTri	DNF			24:03	32.4	(16)	24:06	32.4	(17)
	Stephen Geraghty	MS	00:00	24:55	15th	(19)	23:25	33.3	GoTri				DQ		(0)	23:25	33.3	(19)
	Jack O'Shea	MS	00:00	23:18	3rd	(38)	23:03	38.7	West Clare	23:17	38.7	(20)				23:03	33.8	(18)
	Alan O'Brien	MS	26:28	22:25	14th	(20)	22:30	34.7	GoTri							22:30	34.7	(20)
	Stephen Bourke	MS	00:00	00:00	4th	(37)	22:59	37.3	LCC	24:09	37.3	(17)	22:59	33.9	(20)			
	Robert Singleton	MS	00:00	00:00	5th	(37)	23:03	38.1	LCC	23:39	38.1	(18)	23:03	33.8	(19)			
	Anthony Boyle	MS	26:00	27:44	9th	(26)	24:27	34.2	CRNS	26:18	34.2	(11)	24:27	31.9	(15)			
	Alan Dunlea	MS	00:00	00:00	12th	(22)	25:34	34.6	CRNS	26:02	34.6	(12)	25:34	30.5	(10)			
	Padraig O'Donovan	MS	00:00	23:26	17th	(19)	00:00	38.1	West Clare	23:37	38.1	(19)						
	Ivan Casey	MS	00:00	00:00	18th	(18)	23:36	33.1	DMG				23:36	33.1	(18)			
	Rae Liston	MS	00:00	00:00	19th	(14)	00:00	35.9	GoTri	25:04	35.9	(14)						
	Derek Flanagan	MS	25:48	24:06	21st	(13)	00:00	35.3	GoTri	25:31	35.3	(13)						
	Niall O'Grady	MS	24:47	25:29	22nd	(12)	25:00	31.2	CRNS				25:00	31.2	(12)			
	James O'Connor	MS	00:00	00:00	23rd	(11)	25:07	31.1	Tipp Whlers				25:07	31.1	(11)			
	Kevin Dunne	MS	27:25	26:25	24th	(9)	00:00	33.3	C4SC	27:00	33.3	(9)						
	Liam McCormick	MS	00:00	00:00	25th	(7)	26:02	30.0	Tipp Whlers				26:02	30.0	(7)			
	Frank Moloney	MS	00:00	00:00	26th	(6)	26:22	29.6					26:22	29.6	(6)			
No.	Name	Cat.	PB (2013)	PB (2014)	Pos.	Points	PB (2014)	kmph	club	Time	kmph	Points	Time	kmph	Points	Time	kmph	Points
	Mike Heaney	MV	24:01	24:28	1st	(54)	24:08	36.7	Limk Tri (GoTri	24:43	36.4	(19)	24:32	36.7	(17)	24:08	32.3	(18)
	Malachi Murray	MV	00:00	25:18	2nd	(52)	24:21	36.9	GoTri	25:01	36.0	(18)	24:25	36.9	(18)	24:21	32.0	(16)
	Paul Harrington	MV	23:25	00:00	3rd	(39)	23:42	37.7	Dolmen				23:51	37.7	(19)	23:42	32.9	(20)
	John Mangan	MV	00:00	23:54	4th	(39)	23:44	37.7	GoTri				23:51	37.7	(20)	23:44	32.9	(19)
Up from Rookie	Neil Jordan	MV	00:00	27:12	6th	(36)	26:22	30.9	GoTri	29:06	30.9	(14)	27:09	28.7	(13)	26:22	29.6	(9)
Up from Rookie	Shane Cahill	MV	00:00	27:00	7th	(36)	26:44	32.4	GoTri	27:45	32.4	(16)	27:17	28.6	(12)	26:44	29.2	(8)
	Jason Fitzgerald	MV	00:00	24:44	5th	(36)	24:33	37.0	GoTri	24:18	37.0	(20)	24:33	36.7	(16)			
	Liam Dillon	MV	00:00	25:50	8th	(34)	24:12	35.5	GoTri	25:20	35.5	(17)				24:12	32.2	(17)
	Kieran Boland	MV	00:00	26:40	9th	(30)	26:09	29.8	GoTri	MARSHALL		(20)				26:09	29.8	(10)
Up from Rookie	John O'Donnell	MV	00:00	00:00	10th	(26)	25:37	30.4	CRNS				27:00	28.9	(14)	25:37	30.4	(12)
Up from Rookie	Terry O'Neill	MV	00:00	00:00	11th	(26)	25:58	31.7	CRNS	28:24	31.7	(15)				25:58	30.0	(11)
	Liam Kennedy	MV	23:08	23:10	12th	(20)	00:00	0.0	GoTri				MARSHALL		(20)			
	John Culleton	MV	31:18	00:00	13th	(17)	31:12	28.4	JVC Motors				31:44	28.4	(11)	31:12	25.0	(6)
	Paul Dorrell	MV	00:00	00:00	17th	(15)	24:55	31.3	Boru Tri							24:55	31.3	(15)
	Liam Liddy	MV	24:33	25:22	14th	(15)	24:55	31.3	Limk Tri							24:55	31.3	(15)
Up from Rookie	Dermot Dunne	MV	00:00	00:00	15th	(15)	26:46	29.1	CRNS				26:46	29.1	(15)			
	John O'Shea	MV	22:46	23:40	16th	(14)	25:08	31.0	Limk Tri							25:08	31.0	(14)
	Paul Kirkby	MV	25:26	00:00	18th	(13)	25:27	30.6	Dolmen							25:27	30.6	(13)
	Liam Kitson	MV	25:50	00:00	19th	(7)	26:54	29.0	Ennis Tri							26:54	29.0	(7)
No.	Name	Cat.	PB (2013)	PB (2014)	Pos.	Points	PB (2014)	kmph	club	Time	kmph	Points	Time	kmph	Points	Time	kmph	Points
	Eamonn Morgan	ME	22:49	21:48	1st	(56)	23:03	36.8	W.Clare CC	24:28	36.8	(20)	23:49	32.8	(17)	23:03	33.8	(19)
	David Richardson	ME	21:49	22:14	2nd	(38)	22:49	34.2	CRNS				23:12	33.6	(18)	22:49	34.2	(20)
	Dermot Radford	ME	20:41	20:41	3rd	(20)	21:07	36.9	Tipp Whlers				21:07	36.9	(20)			
	Tommy Byrnes	ME	22:26	22:19	4th	(19)	22:47	34.2	Tipp Whlers				22:47	34.2	(19)			